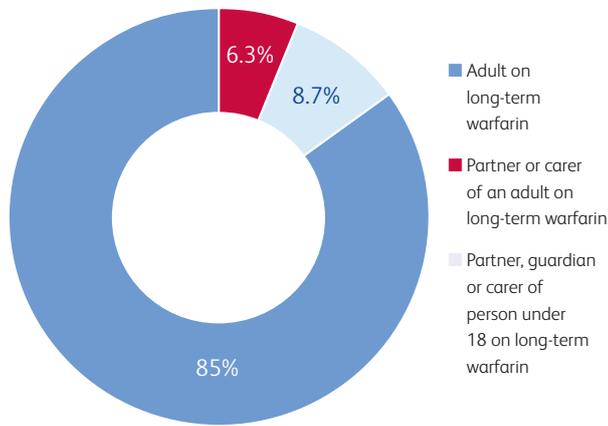




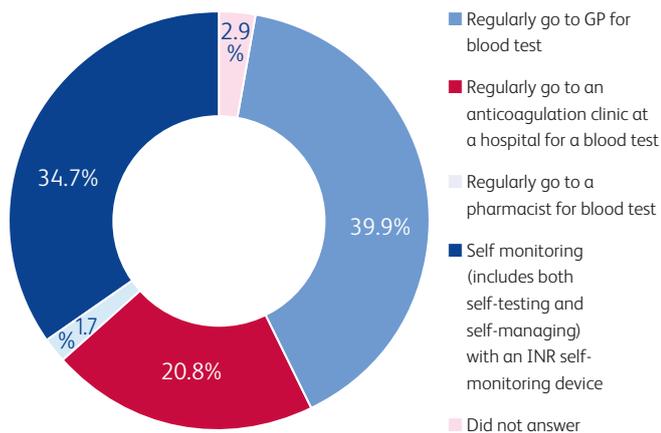
ACSMA Online Survey: The Results

So far we have received a total of 173 responses from across the country with a 100% completion rate. The results highlight the disparities and variations in practice that are occurring across the country. Some of our key survey findings are given below:

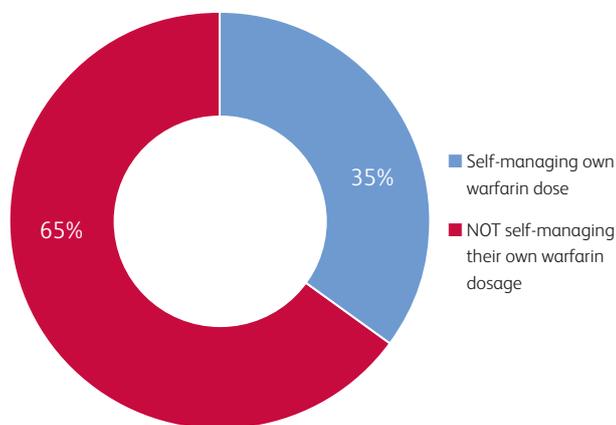
1. Who completed our survey:



2. How people who completed the survey, or those they are representing, are monitoring their INR



3. The number of people who are self-monitoring their INR who are adjusting their own warfarin dose



4. For those who are not self-monitoring,

34.7%

have been discouraged by a healthcare professional, who is unaware, unsupportive or cited legal reasons

5. Of people have been told that they cannot self-monitor

16%

refer to a healthcare professional, clinic or pharmacist. Of that

40.7%

highlight the GP as the main barrier

6. Of those who are self-monitoring but not adjusting their own warfarin

38.5%

are unaware this may be an option or they have been told it is not allowed by a healthcare professional

7. Of all those who are regularly self-monitoring

23.3%

say that their GP has said that they are not allowed to prescribe test strips

8. The survey allowed people to add in comments about their experiences with self-monitoring. **One person said:**

“ I have been on warfarin for 19 years now and will be for the rest of my life. I would be saving the NHS money by self monitoring by freeing up appointment times, saving on laboratory costs, courier costs etc so for people like me, we should be given them free of charge ”

Another said:

“ I feel that this should be provided by the NHS, we already have to pay for warfarin even when the need for this is for life, it does not seem fair how if I were diabetic all the necessary equipment to manage it is free. ”